

Hi Kamp Families!

Chuck Jacobsen and Jessica Steines will be the guides for the Kanoe Kids Kamp for Middle Schoolers, if you are interested in chaperoning too let me know.

As of where we will be canoeing, we just don't know yet...due to not knowing what the water levels will be during that time. We have some routes picked out but decided to see what it looked like the week of since things can change a lot in a short amount of time. We hope to go on the Wapsi but if that does not work...it may be on the Maquoketa, Mississippi and/or a Rock Creek campground event.

On Tuesday's camp will be training day at Rock Creek Marina and Campground. The campers will learn how to operate their canoe, how to load/unload canoe, make camp meals (all food provided for all days), how to set up camp/tent, tear down camp/tent, build a fire, what to do in case of inclement weather/other emergencies, etc. The participants will give you a map of our route and basic itinerary we will be following on Wednesday and Thursday.

On Wednesday, we will pack up and head to our put in spot. We will continue, down river stopping at sandbars to explore stopping in the late afternoon to set up camp. We are hoping to do this next to a road where families can come share the fire for the evening if they want. Then on Thursday morning we will get ready for the last stretch of the trip for the families to pick up their camper by 2:30.

What we provide...

- All food, if you have special dietary needs you may want/need to pack your own.
- Tent for every two participants
- mess kit for each participant
- stoves/fuel to share
- large dry bag for every participant
- Water
- Thermacell (keeps mosquitoes at bay in a small area)
- First Aid kit

What you may need or want...

- sleeping bag
- pillow
- watch
- smaller drybag for cell phone, snacks (if they bring cell phone or gps this is their responsibility, Chuck and I will have our cell phones (if the child needs a phone, they can use it)). If they bring a cell phone they will be asked not to use it unless it is needed, aka no games, texting.
- Towel
- water bottle
- quick drying clothes, swim suit/trunks
- sunscreen

- bug spray
- Deodorant and other toiletries
- Medication (Tylenol, pepto, allergy, hydrocortizone, prescription. Only pack what they need for that time.

Remember, less is more! Do not bring a lot of stuff, just essentials!

Sorry for the lack of details of route, it is that rain can make things tricky to plan. Rest assured the safety of all participants is of our utmost concern!

Please email or call if there is anything I missed or if you have any questions/concerns.

Thank you,

Jessica Steines

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