

Registration Form

Name _____

Address _____

Phone # _____

E-Mail _____

Breakfast (yes or no) _____

Session 1: (A, B, C or D) _____

Session 2: (A, B, C or D) _____

Lunch (yes or no) _____

Vegetarian (yes or no) _____

Session 3: (A, B or C) _____

Session 4: (A, B or C) _____

Contact person incase of an emergency
during event?

Name _____

Phone _____

Payment information:

Registration fee is \$30

Checks payable to
Friends of Webster County Conservation.

Mail to:

NWLI Registration
1415 Nelson Ave
Fort Dodge, IA 50501

Registrations DUE June 9th

A special thanks to our
Instructors,

Chelsea Ewen, Mitchell County Naturalist
(Natural Soap Making, Green Cleaning, &
Composting 101)

Clark Fletcher
(Canoeing)

Pheasants Forever: Justin Ford
(Clay Shooting)

Gerald Davis
(Dutch Oven Cooking)

Cody Peterson, County Conservation
(Trailer Backing)

Raejean Chapman
(Wild Edibles)

Jennifer Johnson
(Photography)

Chad Chapman
(Geocaching)

Midwest Combat Arts Center
(Self Defense)

Tasha Nielsen,
(Bow Hunting 101)

Doug Breyfogle
(Basic Survival Skills)

No Women Left Inside



June 21st 2014



Meet new friends, participate in
different sessions, and enjoy the
outdoors !

Brushy Creek State Recreational Area
Lehigh, IA

515-576-4258

eford@webstercountyia.org

Who can attend?

Women ages 13 and older are invited to participate in this event.

How do I Register? Fill out the form on the back of this brochure. Send it in with your check to the address given. Registration is put towards the sessions and meals. Return your registration with payment ASAP. Classes are filled on a first-come, first-serve basis and some classes are limited. Participants will receive a confirmation letter when the registration form and payment are received.

Deadline is June 9th, 2014. Registration is \$30.

Classes will not be held without payment!

Camping Welcome!!

Class Descriptions for NWLI:

Session 1:

- A. **Nature Photography:** Learn about everything your camera has to offer and best way to take nature pictures. Please bring your digital cameras to class. You will be taking pictures to try out your new skills.
- B. **Geocaching:** Take part in this easy to learn sport that can be played all over the world! You'll learn about geocaching, the GPS unit and its operation. Try your hunting skills on a geocaching hunt.
- C. **Bow Hunting 101:** Learn the basics of bow hunting whether your interested on how to get started or your just want to learn more about it.
- D. **Natural Soap Making:** With a recent interest in safe and natural beauty and cleaning products, the ancient art of soap making has made a comeback. You'll learn the history, chemistry and benefits of this craft. The best part? You get to customize your own soap to take home with your choice of essential oils and herbs. Whether you use it for gifts, or for personal use, you are sure to be hooked on your first batch! This class runs thru two sessions and will be over at 11:45 pm right before lunch.

Session 2:

- A. **Dutch Oven Cooking:** Anything can be cooked in a dutch oven: all you have to do is be creative! In this session we will cover purchasing a dutch oven, seasoning, and the cooking opportunities they offer.
- B. **Trailer Backing:** Learn how to attach and back up different types of trailers.
- C. **Clay Shooting:** Ever wanted to try to shoot a moving target, clay pigeons perhaps? You'll be learning the gauges of shotguns, ammunition, parts of a shotgun, handling, shooting basics, and safety. Then try shooting clays!
- D. **Natural Soap Making** continuation

Session 3:

- A. **Green Cleaning:** Lets show you a "greener" way to clean that is safe and effective for both your loved ones and the environment. We will be making several simple, tries and true detergents and cleansers that will help transition your home into a greener cleaner place to live.
- B. **Wild Edibles:** This class will show you the joy of collecting food from the wild. Learn how to identify, use proper conservation practices, and prepare and serve wild edibles.
- C. **Canoeing:** Anything you wanted to know about canoeing, this is the class for you. Participants will be using their new skills to canoe around Brushy Lake. (Max 12)

Session 4:

- A. **Composting 101:** Join this hands-on program about composting! You will be learning about how composting can save you money, grow more nutritious foods, and can be a lot of fun. Chelsea will show you different composting systems, and you will even get to make and take your own indoor composter units.
- B. **Self Defense:** Learn basic strategies to become more aware of threats, how to avoid confrontations, and what to do before, during and after a violent attack. Learn self-defense "tools" to ensure your safety.
- C. **Basic Survival Skills:** Learning the most basic survival skills is an important element when it comes to ensuring your security and safety. This class will give you the basics of what you need to know.

2014 Event Schedule

Registration Check In & Breakfast

Prairie Resource Building (PRB)

8 am

Session 1: 8:30 - 10 am (choose one)

- A. Nature Photography
- B. Geocaching (max 10)
- C. Bow Hunting 101
- D. Nature Soap Making

Session 2: 10:15 - 11:45 am (choose one)

- A. Dutch Oven Cooking
- B. Trailer Backing (max 5)
- C. Clay Shooting
- D. Nature Soap Making (continuation)

Lunch 12 - 12:45 pm

Session 3: 1-2:30 pm (choose one)

- A. Green Cleaning
- B. Wild Edibles
- C. Canoeing (max 12)

Session 4: 2:45 - 4:30 pm (choose one)

- A. Composting 101
- B. Self Defense
- C. Basic Survival Skills

Contact Erin Ford

515-576-4258

eford@webstercountytia.org

